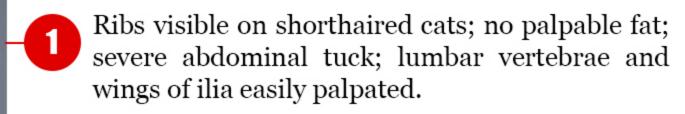
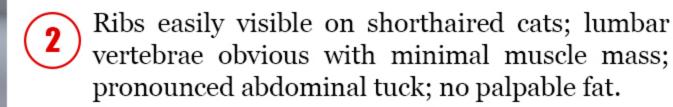
BODY CONDITION SYSTEM

TOO THIN













- Ribs easily palpable with minimal fat covering; lumbar vertebrae obvious; obvious waist behind ribs; minimal abdominal fat.
- Ribs easily palpable with minimal fat covering; noticeable waist behind ribs; slight abdominal tuck; abdominal fat pad absent.

DEAL





Well-proportioned; observe waist behind ribs; ribs palpable with slight fat covering; abdominal fat pad minimal.









pad.

Ribs not easily palpated with moderate fat covering; waist poorly discernible; obvious rounding of abdomen; moderate abdominal fat

not obvious; abdominal tuck absent.

Ribs palpable with slight excess fat covering;

waist and abdominal fat pad distinguishable, but

- Ribs not palpable with excess fat covering; waist absent; obvious rounding of abdomen with prominent abdominal fat pad; fat deposits present over lumbar area.
- Ribs not palpable under heavy fat cover; heavy fat deposits over lumbar area, face and limbs; distention of abdomen with no waist; extensive abdominal fat deposits.